

Information for patients having a Colonic Transit Study

What is a colonic transit study?

A simple x-ray examination that determines how long it takes for food to travel through the digestive system. You will be required to attend the X-ray department on 2 separate days. The first day you attend will be classed as 'Day 0' and the second day will be 'Day 5'. So, for example, if the first day you attend is a Monday, this will be Day 0 and the following Saturday will be Day 5.

Do I need to make any special preparations?

Yes, we suggest you avoid wearing any jewellery as Heart of England NHS Foundation Trust do not accept any liability for loss or damage to your personal belongings.

For female patients, between the ages of 12 – 55 years, the examination must be performed within 28 days after the start of your menstrual period. If you haven't already done so, please inform the department if your examination falls after this date or if you have had a hysterectomy.

Day 0

You will need to attend the X-ray department where you will be asked to take 1 capsule with water. You can eat and drink as normal, along with taking your regular medications.

Day 5

Attend for your allocated appointment. An X-ray will be taken of your abdomen. You can eat and drink as normal, along with taking your regular medications.

When you arrive

You may be asked to change into a patient gown. If you have a suitable dressing gown you wish to bring please feel free to do so.

Are there any risks?

Exposure to radiation from medical X-rays is strictly controlled and kept to a minimum. You will only have an X-ray if it will help your treatment.

When will I get the results?

The radiographer will inform you when and how you will receive your results.

Where can I find more information?

Further information is available on <http://www.goingfora.com>

If you have any further questions please do not hesitate to contact us on the following numbers:

Heartlands Hospital: 0121 424 3264

Solihull Hospital: 0121 424 5271

Good Hope Hospital: 0121 424 9933