

## **Information for patients having a thyroid scan**

Your Doctor has advised you that a thyroid scan is necessary to assist with their diagnosis as part of your treatment. This scan will be carried out in the Nuclear Medicine Department, which is part of the Radiology Unit. On arrival in X-ray please report to Reception, they will direct you to the Nuclear Medicine Department.

The test involves no discomfort, apart from a small injection in the arm (similar to having a blood test). You must then wait for 20 minutes to give the injection time to work.

You will be asked to lie on a bed for 8 minutes whilst the scanner which is situated above you scans your thyroid gland. You will not feel anything during the scan.

The entire test takes about 30 minutes from start to finish.

You DO NOT have to go into a tunnel.

You may eat & drink normally before and after the test.

If you are currently on any thyroid medication, please mention it to a member of staff before your scan.

If you have any other concerns or in the event that this appointment is not convenient, please contact the Department on the above number as soon as possible.

**FAILURE TO ATTEND AT THE ALLOTTED TIME MAY RESULT IN YOUR SCAN BEING CANCELLED.**

### **Our commitment to confidentiality**

We keep personal and clinical information about you to ensure you receive appropriate care and treatment. Everyone working in the NHS has a legal duty to keep information about you confidential. We will always ask you for your consent if we need to use information that identifies you. We will share information with other parts of the NHS to support your healthcare needs, and we will inform your GP of your progress unless you ask us not to. You can help us by pointing out any information in your records which is wrong or needs updating.

**If you have any questions you may want to ask about your condition or treatment, or anything you do not understand or wish to know more about, write them down and your doctor will be more than happy to try and answer them for you.**