

Information for patients having a bone scan

Your Doctor has advised you that a bone scan is necessary to assist with their diagnosis as part of your treatment. This scan will be carried out in the Nuclear Medicine Department, which is part of the Radiology Unit. On arrival in X-ray please report to Reception, they will direct you to the Nuclear Medicine Department.

**IMPORTANT:
THE APPOINTMENT TIME GIVEN ON THE ACCOMPANYING LETTER IS FOR INJECTION OF
THE ISOTOPE DYE.**

THE SCAN WILL BE PERFORMED 3-4 HOURS LATER ON THE SAME DAY.

The scan involves no discomfort, apart from a small injection of dye into the arm (similar to having a blood test). Please wear loose sleeved clothing.

You may then go home. The injection has no after-effects so you can drive if you wish. You will be required to return 3-4 hours later for a second scan.
(The exact time will be confirmed with you when you attend for your injection.)

The Scan involves lying on a bed for approximately 30 minutes, whilst the scanner is passed over and beneath you.

You DO NOT have to go into a tunnel, but the detector is very close to your face. Please ring if you have any concerns about the scan.

You may eat and drink normally before and after the test.

If you are currently on any medication, please continue taking it as normal.

Our commitment to confidentiality

We keep personal and clinical information about you to ensure you receive appropriate care and treatment. Everyone working in the NHS has a legal duty to keep information about you confidential. We will always ask you for your consent if we need to use information that identifies you. We will share information with other parts of the NHS to support your healthcare needs, and we will inform your GP of your progress unless you ask us not to. You can help us by pointing out any information in your records which is wrong or needs updating.

If you have any questions you may want to ask about your condition or treatment, or anything you do not understand or wish to know more about, write them down and your doctor will be more than happy to try and answer them for you.